Cottages & Apartments

Life Plan Humboldt will offer independent private residences, shared dining and activities, healthcare support, assisted living, and memory support, all in one location.

**LPH residents will not have to move if they or their partners need increased care.**

Many people move in when they are physically able, enjoying activities and social connections while ensuring support as they get older. These are vital, active places that allow people to “Age in Community.”

**Currently this option does not exist in Humboldt County.**

As of today, people must move to Medford, Santa Rosa, or farther away to find life plan communities, leaving behind family and friends and long ties to this area.

Reflecting Humboldt County values and history, Life Plan Humboldt will be a resident-led senior community that provides a continuum of services in a safe, secure, and environmentally responsible setting.

We want to support independence, socialization, personal growth, community involvement and intellectual stimulation for ourselves and our neighbors.

---

Why Life Plan Humboldt?

**Rees and Amy …**

It is difficult to imagine leaving Humboldt County but there will be a time when our large two-story house and yard with all the maintenance challenges will no longer be practical. We would love to have an option like Life Plan Humboldt that would allow us to stay local as we age near the people and the vibrant community we love.

**Buzz and Judy …**

We do not need all the house that was once perfect for raising our family... Now we want to live “smaller” and closer to services we need. Life Plan Humboldt comes at just the right time for us to make the change and continue living in a place we love.

**Roberta Duggan …**

Hopes, dreams, and the best planning cannot always prepare us for unexpected health events that suddenly alter the ability to live independently. I learned this first hand when my late husband developed Early Onset Alzheimer’s Disease…. I was very excited to learn about Life Plan Humboldt. I would have access to medical services and be prepared to transition to assisted living or memory care with minimal disruption. Most importantly, the Life Plan Humboldt model would provide peace of mind for me and also for my adult children.
Living in beautiful Humboldt County close to family and friends is what many of us want, but as we age a less isolated, maintenance-free lifestyle, with help available, would be welcome.

A nonprofit has been formed to plan, build, and support the first all-inclusive life plan community in Humboldt County, California.

This inspiring grassroots project will ensure local control and a place reflecting North Coast culture and values which includes a mix of income levels representative of Humboldt County’s population.

We will build on 12 to 15 acres, an area large enough to create a campus-like residential setting for LPH. We plan to have private residences, with common social areas, open space, and areas to enjoy nature and to garden.

The LPH board is learning from other life plan communities and working with experienced advisors who have created mixed-income communities around the United States for help setting up the financial structures, operations, and design of our community.

Good for Individuals — Good for Humboldt

Life Plan Humboldt will provide seniors secure accessible homes with support as they age, open up housing stock, provide local jobs at all levels, and keep valued and loved people close to their friends and families.

As people get older the money needed for care is often tied up in their homes. This means that people tend to stay in their homes until a crisis point occurs.

The Humboldt County Housing Plan states that the need “to accommodate the growing population of elders may be the number one housing challenge facing the County in coming years.”

Many older residents would like to downsize and live closer to town, but currently there is a shortage of housing for seniors. With 25% of the local population 60 or older, and with the 70-plus population growing for decades to come, the need for senior-friendly residences is clear.

How Can You Help?

• Tell your friends, both near and far
• Join the mailing list to stay updated
• Complete the online Design Survey
• DONATE!

Online: lifeplanhumboldt.org
By mail: Life Plan Humboldt
2037 Blake Road
McKinleyville, CA 95519

We need your help NOW to continue!
(707) 276-6762
LPH@lifeplanhumboldt.org

Nonprofit 501(c)(3) • Tax ID: 84-4757743

How Does It Work?

Life plan fee structures vary, but people join these communities by paying an entry fee along with monthly payments. When two people share a space, there is a fractional increase in the entry and monthly fees.

Entry fees and monthly payments are based on the size of the residence and any additional services a resident might require. In order to accommodate various income levels there will be a mix of apartments, quadplexes, and cottages.

Monthly fees cover:

• Water, sewer, electric
• Cable and internet
• Flexible dining plan
• 24-hour security
• Regular housekeeping
• Access to all community amenities
• Lawn care/landscaping
• Interior and exterior maintenance
• Calendar of cultural, educational, social, wellness events
• Higher level of care services available

Most people who have owned a home can afford to live in a Life Plan Community. The average school teacher, postal worker, or mid-level professional can generally afford this option for active living.

See the “Complete Guide to the Costs of Senior Living” at LifePlanHumboldt.org